

in partnership with



**Nottinghamshire
County Council**



Bikeability Training for Year 5 & 6
Dates: 11th & 12th November 2025

Dear Parents and Carers

Great News! We are pleased to inform you that we will be offering Bikeability cycle training to Years 5 and 6 pupils in the Autumn term 2025. This is a nationally recognised programme is designed to help children develop essential cycling skills and build the confidence they need to ride safely and responsibly on the road.

The training will be delivered by qualified instructors and will focus on key areas such as bike control, road awareness and safe cycling techniques. The sessions are free of charge, however late cancellations may incur a charge. (T&C's applied).

To take part, your child will preferably be able to ride independently and have their own cycle in a roadworthy condition, with two working brakes and a helmet. If you child does not have access to a suitable bike but would still like to participate, please contact the school office as soon as possible as we will need to request to borrow a cycle/helmet from the Training Provider. This may not be a guarantee if left too late (subject to TP's available cycles). We may be able to help.

Riders should dress appropriately for the weather conditions, sensible footwear and bring any medication required – please inform the school.

To enrol your child, please complete the Cycle Consent form using one of the links below. If you're unable to complete the form online, please get in touch as soon as possible. Places are limited so please complete this as soon as possible as it will be offered on a first come first served basis across the 2 year groups. The deadline to book a space is the Monday 3rd November 2025.



<https://consent.bikeability.org.uk/had-exist-fell>

The consent form contains five short sections. While it may seem like a lot, it should only take a few minutes to complete.

1. Rider details.
2. Cycling ability and frequency.
3. Bike and kit check.
4. SEND and medical information.
5. Parental consent.

Failure to complete this form will unfortunately result in your child being unable to take part in Bikeability cycle training.

If you have any questions or need further information, please don't hesitate to contact us.

www.viaem.co.uk • Tel: 0115 804 2100

Bilsthorpe Depot, Bilsthorpe Business Park, Bilsthorpe,
Nottinghamshire NG22 8ST

Via East Midlands Limited. Registered in England no. 09903246